



LauraLynn

IRELAND'S CHILDREN'S HOSPICE

100K IN MAY

Join #TeamLauraLynn



HOW TO TAKE PART



You and your colleagues each pledge to walk or run 100k in May for LauraLynn Children's Hospice



Team Leader can register the company team [here](#)
An iDonate fundraising page will be created for your team and an activation link emailed to the Team Leader



Each team member can register for their free challenge T-shirt [here](#)



Contact Niamh on corporate@lauralynn.ie
for any other queries

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OF CARE

HOW WE WILL SUPPORT YOU

We will send all participants a special challenge t-shirt to wear while you walk (or run!) your 100k in May

We will send you content during the challenge to keep your team inspired and motivated

We have a dedicated FAQ page to answer your queries
[click here](#)

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WHAT ARE THE BENEFITS FOR MY COMPANY?

- ✓ Connect with your colleagues in a fun and supportive way
- ✓ Get moving for a good cause! What better motivation is there to get out into the fresh air than supporting Ireland's only Children's Hospice
- ✓ The only deadline is to have the 100 kilometres done by May 31st. You choose the schedule to work around your lifestyle
- ✓ Spend a month discovering the positive impact you are having on LauraLynn's children and families



WE PROMISE YOU WILL HAVE FUN!

But don't just take our word for it.....

We benefitted hugely as a team – the competition and the fun got fierce! During such a challenging year, it felt good to be helping an amazing cause, while reaping the fitness and health Rewards too.

*Participants from 280k Step Challenge
February 2020*

It's been really lovely connecting with people that I'm not actually able to see in person.

*Participant from
100k in June 2020*

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ANY QUESTIONS?



Niamh Doyle

**For any queries, email Niamh Doyle
on**

corporate@lauralynn.ie



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