

# SWIM 5K IN JULY

FOR

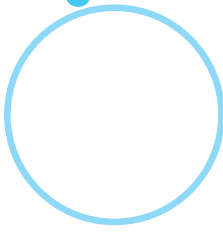


LauraLynn  
IRELAND'S CHILDREN'S HOSPICE

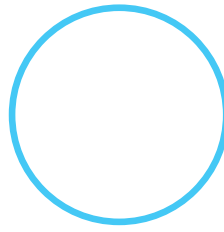


## Challenge Tracker

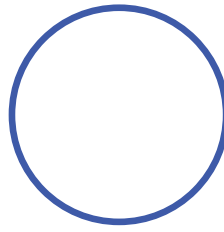
day 1:



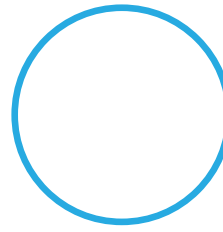
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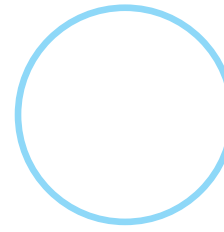
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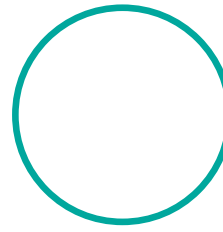
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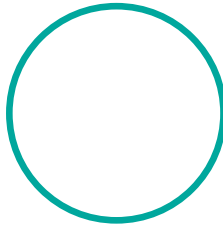
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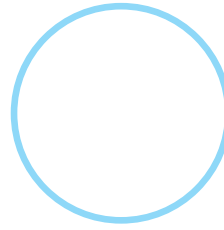
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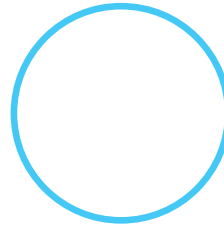
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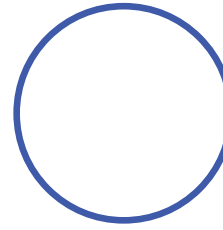
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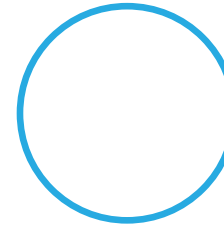
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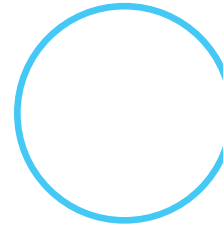
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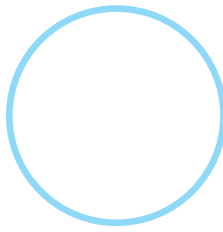
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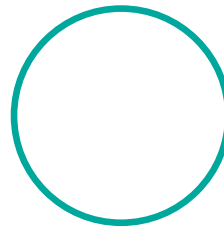
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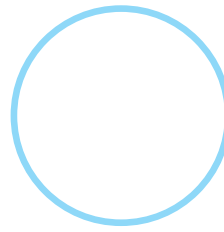
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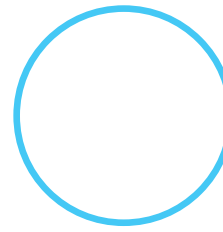
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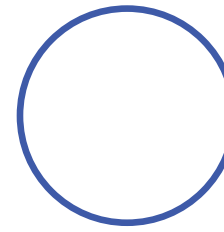
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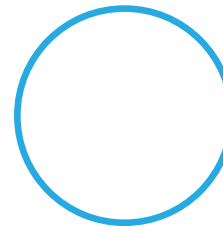
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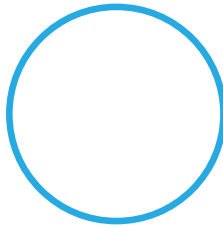
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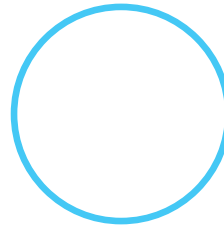
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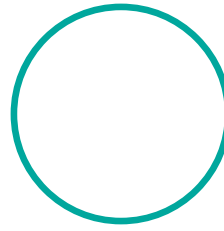
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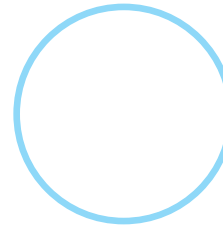
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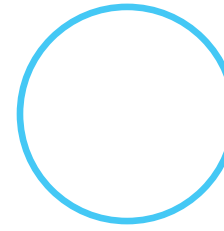
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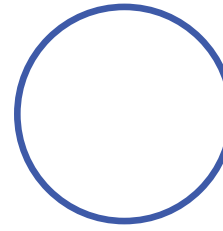
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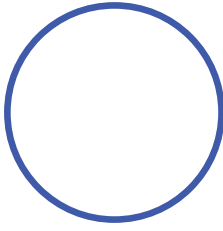
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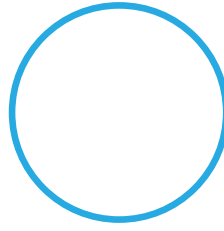
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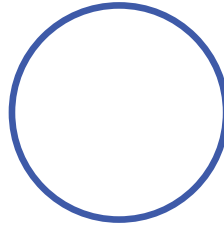
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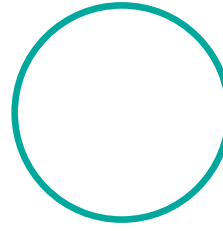
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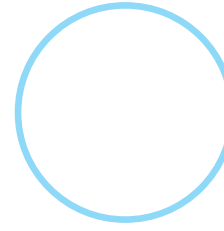
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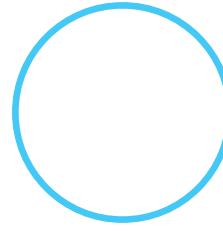
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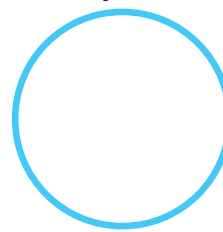
day 29:



day 30:



day 31:



**TOTAL:**

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