



CHRISTMAS Jumper Day

CHRISTMAS ACTIVITY PACK

Creative and fun activities including a lesson plan to help create special memories this Christmas!





Hi everyone,

Every magical moment, and every precious memory created in LauraLynn, **is thanks to kind people like you.** As you know, here in LauraLynn, each day is about helping families create special memories, and making the most of every moment. And at Christmastime, there are so many ways we do this. We sing songs, play games, share presents, make arts and crafts. The list is endless! With this Christmas activity pack we hope you have fun creating your own special memories.

We've included a special lesson plan created by staff nurses/activity coordinator's Mags & Niamh. They will show you how to create your very own Christmas Bauble. Mags & Niamh's job is to have fun with the children when they come and stay in the hospice so the children are happy and entertained. Creating a Christmas Bauble is just one example of the types of activities organised in the hospice. So we hope you enjoy creating your own too.



Take care,
Liz Quinn,
LauraLynn Fundraising Team



Don't forget to tag us on social media, or email photos of all your fantastic drawings, delicious treats, wonderful colouring and of course all the amazing Christmas Jumpers!

#ChristmasJumperDay
@lauralynnhospice

JOIN OUR FESTIVE SING-ALONG!



LauraLynn
IRELAND'S CHILDREN'S HOSPICE

One of our favourite activities in LauraLynn at Christmas time is singing. We even have our own choir made up of staff and volunteers! There's nothing like a sing-along to get children, parents and all in LauraLynn into the Christmas spirit. Here are some of our favourite Christmas carols:

SANTA CLAUS IS COMING TO TOWN

You better watch out
You better not cry
You better not pout
I'm telling you why
Santa Claus is comin' to town

He's making a list
He's checking it twice
He's gonna find out
Who's naughty or nice
Santa Claus is comin' to town

He sees you when you're sleeping
He knows when you're awake
He knows if you've been bad or good
So be good for goodness sake
So you better watch out

You better not cry
You better not pout
I'm telling you why
Santa Claus is comin' to town

The kids in girl and boyland
Will have a jubilee
They're gonna build a toyland
All around the Christmas tree

So you better watch out
You better not cry
You better not pout
I'm telling you why

Santa Claus is comin' to town
Santa Claus is comin' to town
Santa Claus is comin' to town

WE WISH YOU A MERRY CHRISTMAS

We wish you a merry Christmas
We wish you a merry Christmas
We wish you a merry Christmas
and a happy new year

Good tidings we bring to you and your kin
We wish you a merry Christmas and
a happy new year

Oh, bring us some figgy pudding
Oh, bring us some figgy pudding
Oh, bring us some figgy pudding
And a cup of good cheer

Good tidings we bring to you and your kin
We wish you a merry Christmas and a happy
new year

We won't go until we get some
We won't go until we get some
We won't go until we get some
So bring it right here

Good tidings we bring to you and your kin
We wish you a merry Christmas
and a happy new year

We all like our figgy pudding
We all like our figgy pudding
We all like our figgy pudding
With all its good cheers

We wish you a merry Christmas
We wish you a merry Christmas
and a happy new year

JOIN OUR FESTIVE SING-ALONG!



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RUDOLPH THE RED-NOSED REINDEER

You know Dasher and Dancer and
Prancer and Vixen
Comet and Cupid and Donner and Blitzen
But do you recall
The most famous reindeer of all?

Rudolph the Red-Nosed Reindeer
Had a very shiny nose
And if you ever saw it
You would even say it glows
All of the other reindeer
Used to laugh and call him names
They never let poor Rudolph
Join in any reindeer games



Then one foggy Christmas Eve
Santa came to say
"Rudolph, with your nose so bright
Won't you guide my sleigh tonight?"
Then how the reindeer loved him
As they shouted out with glee
"Rudolph the Red-Nosed Reindeer
You'll go down in history"

Rudolph the Red-Nosed Reindeer
Had a very shiny nose
And if you ever saw it
You would even say it glows
All of the other reindeer
Used to laugh and call him names
They never let poor Rudolph
Join in any reindeer games

Then one foggy Christmas Eve
Santa came to say
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Won't you guide my sleigh tonight?"
Then how the reindeer loved him
As they shouted out with glee
"Rudolph the Red-Nosed Reindeer
You'll go down in history"

JINGLE BELLS



Dashing through the snow
In a one horse open sleigh
O'er the fields we go
Laughing all the way
Bells on bob tails ring
Making spirits bright
What fun it is to laugh and sing
A sleighing song tonight

Oh, jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh
Jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh

A day or two ago
I thought I'd take a ride
And soon Miss Fanny Bright
Was seated by my side
The horse was lean and lank
Misfortune seemed his lot
We got into a drifted bank
And then we got upsot

Oh, jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh
Jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh yeah

Jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh
Jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh



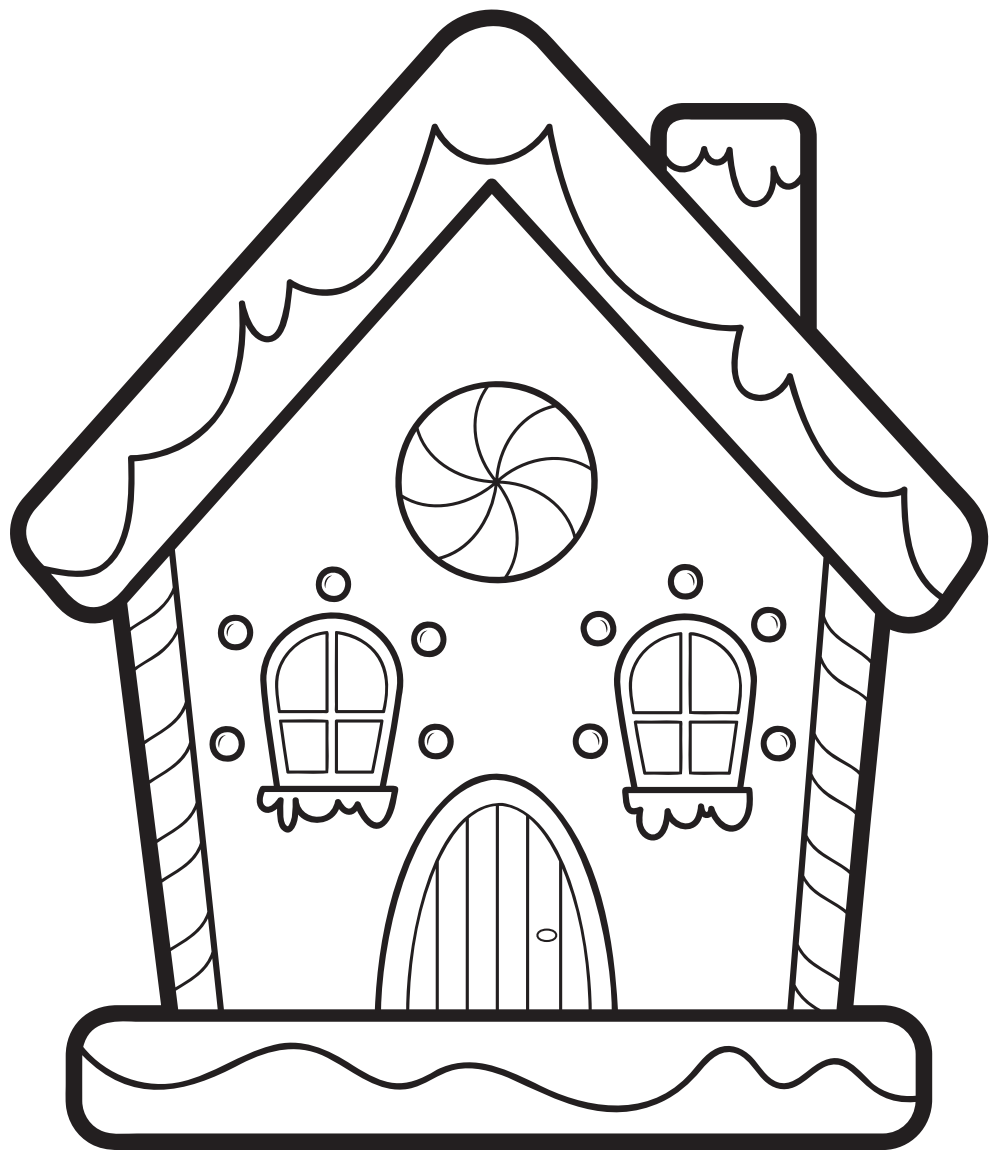


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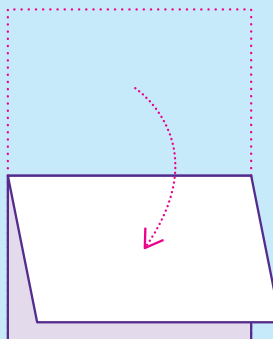
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CREATE YOUR OWN FAMILY CHRISTMAS CARD



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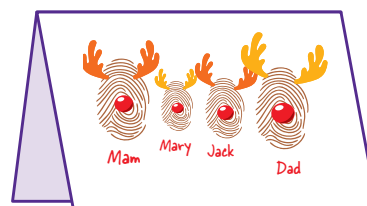
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3



4



Use your thumb prints to make a one-of-a-kind family Christmas card you can share with friends and family.

WHAT YOU NEED:

- Card/Paper
- Brown Paint
- Fine Point Markers

WHAT YOU DO:

- 1 Fold the card in half.
- 2 Using the brown paint each member of the family creates a thumbprint on the card like the one in picture two.
- 3 Using your markers, draw in the reindeers' face, ears and antlers.
- 4 Write the name of each family member under their thumbprint.



DID YOU KNOW



Creating art from children's handprints and footprints is a year-round activity in LauraLynn that brings smiles and giggles to children and their parents.

WORD SEARCH



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F A K Q V B Z A Q E L F
P R E S E N T A S K V A
A F A A R A Z V N Q A B
K A Q N A G C O O K I E
F P S T A R P F W R A F
L A K A K B A B A P R B
I V A F V A K A Z A X K
G W Q A A A T A V B U T
H Z A R U D O L P H L R
T O S X T A Y K I K A E
X M A G I C J Q W F Y E
K V Q M G F A M I L Y Z

SANTA
SNOW
COOKIE
MAGIC

STAR
TREE
LIGHT
ELF

TOY
RUDOLPH
PRESENT
FAMILY





MY FAVOURITE CHRISTMAS MEMORY

What's the best present you've ever received at Christmas?

And remember, not all the best presents come wrapped with a bow! Write about one of your favourite Christmas memories.

A large white writing area with blue dotted lines for writing, framed by a blue border. A large blue snowflake icon is in the top right corner of the writing area.





GINGERBREAD BAKING

There's nothing like the delicious smells coming out of the oven on Christmas Day. Gingerbread biscuits were one of my favourite Christmas treats growing up. I loved baking and decorating them with my mum.



INGREDIENTS:

175 grams dark muscovado sugar
85 grams golden syrup
100 grams butter
350 grams plain flour, plus extra for dusting!
1 tsp bicarbonate of soda
1 tbsp ground ginger
1 tsp ground cinnamon
1 egg, beaten

TO DECORATE:

Chocolate buttons
Writing icing
Small sweets
Coloured sprinkles

WHAT TO DO:

Melt the sugar, golden syrup and butter in a saucepan, then bubble for 1-2min. Leave to cool about 10 minutes.

Add the dry ingredients (flour, bicarbonate of soda, spices) into a large bowl. Add the syrup mixture and eggs, and then stir everything.

Gently kneed the dough until smooth.

Wrap in cling film and chill for at least 30 minutes.

Remove the dough and leave at room temperature until softened. Heat the oven to 200c/180c (fan) and line two baking trays with baking paper.

Roll out the dough to approx 5mm thick, then cut out gingerbread shapes with a cutter. Place the biscuits on to the tray and bake for 10-12 minutes.

Transfer the biscuits to a wire rack to cool. Then using your chocolate buttons, sweets and icing, decorate your very own delicious gingerbread family

TOP TIP!

Use as many cookie cutters, or different items as you can to have lots of shapes and sizes for your biscuits!

LESSON PLAN



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Hi Everyone,

Mags and Niamh here and we are the Activity Coordinators in LauraLynn. Thank you for helping raise money for LauraLynn from your Christmas Jumper Day!

Our job is to have lots of fun with all the children and families that come in to stay with us in LauraLynn. Some of the fun things we do are arts & crafts, baking, messy play, story time, music and going out in the garden to plant flowers or go for nice walks.

In LauraLynn at Christmas time we make our own decorations with the children for our tree. We created a step-by-step guide on how you can create your own bauble.

All you need is:

- Your fingerprints
- Paper
- Paint
- Markers
- String (or piece of wool)
- Scissors (ask your teachers for help using these)



We hope you have lots of fun making your Christmas bauble for your own tree.

Merry Christmas,
Love from all the children and staff in LauraLynn.



LESSON PLAN

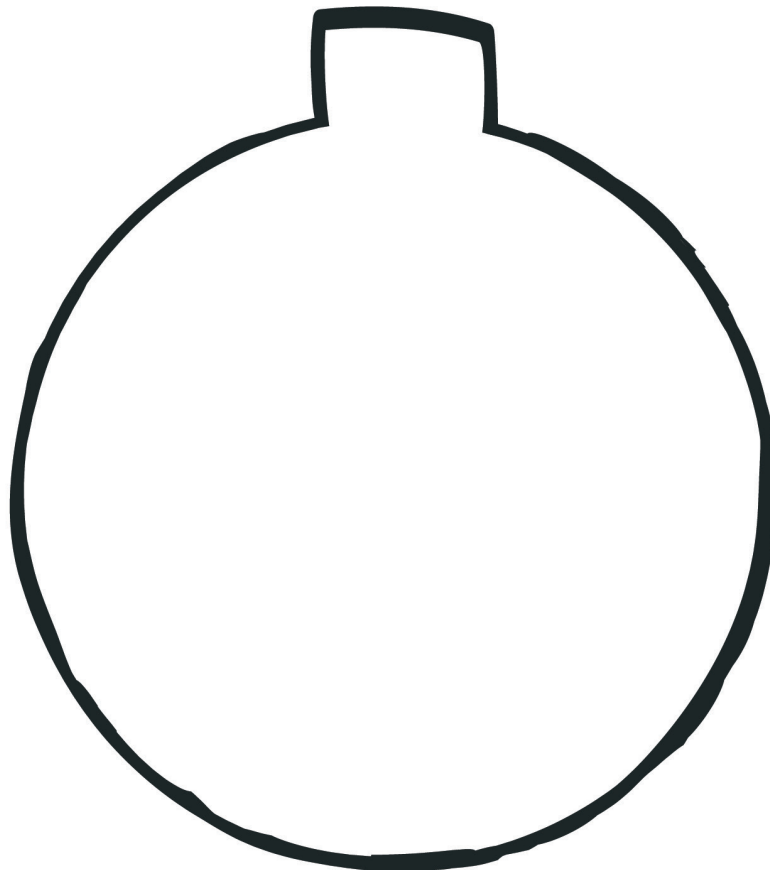


How to create your own
Christmas bauble wreath.



STEP 1

CUT AROUND THE BAUBLE USING A SCISSORS, PLEASE ASK YOUR TEACHER FOR HELP IF YOU NEED IT:





STEP 2

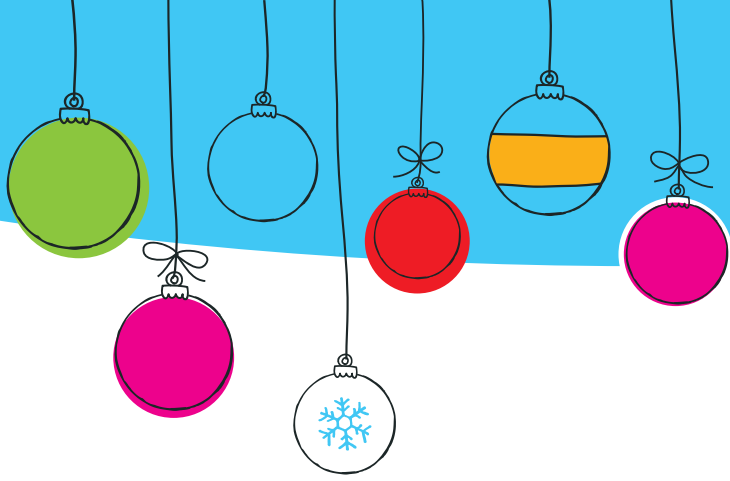
USING YOUR FINGERPRINT, DOT AROUND IN A CIRCLE USING GREEN (OR WHATEVER COLOUR YOU LIKE):



STEP 3

ADD TWO RED FINGERPRINTS BELOW. THEN USING A MARKER, CREATE TWO RIBBONS BELOW YOUR RED FINGERPRINTS:





STEP 4

COLOUR THE TOP OF THE BAUBLE AND WHEN THE PAINT IS DRY, PUNCH A HOLE NEAR THE TOP AND PULL THE PIECE OF STRING THROUGH, TYING THE ENDS SO YOU CAN HANG IT ON YOUR TREE.



ADD A LITTLE EXTRA TO YOUR BAUBLE...



Write your name on the back of your bauble and the year.



You can add some glitter.



Your teacher might be able to laminate the bauble before you take it home.



LESSON PLAN

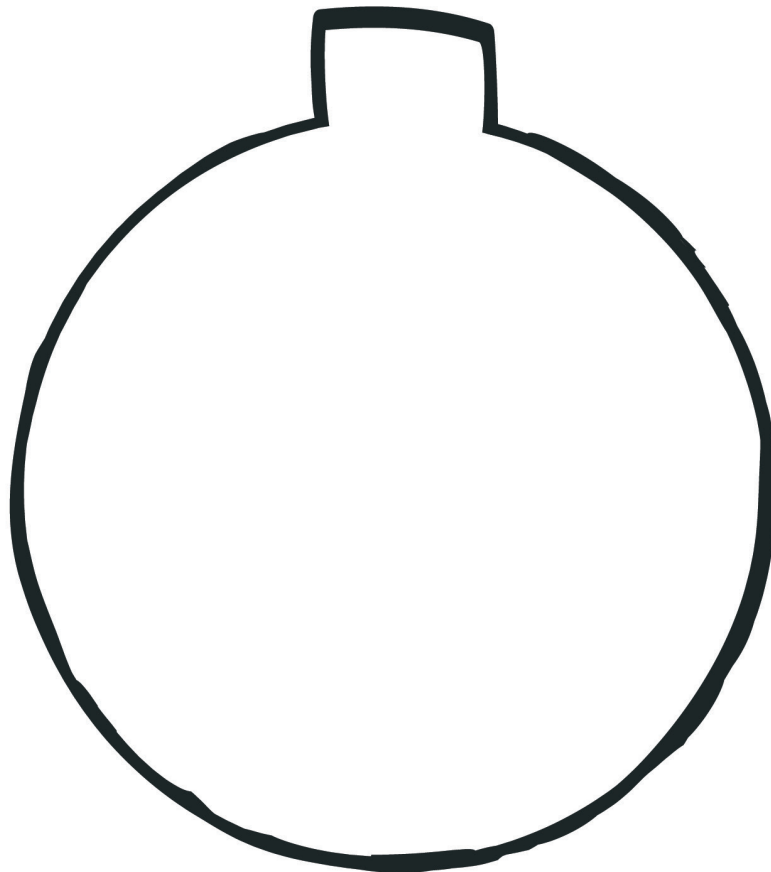


How to create your own
Christmas bauble snowman.



STEP 1

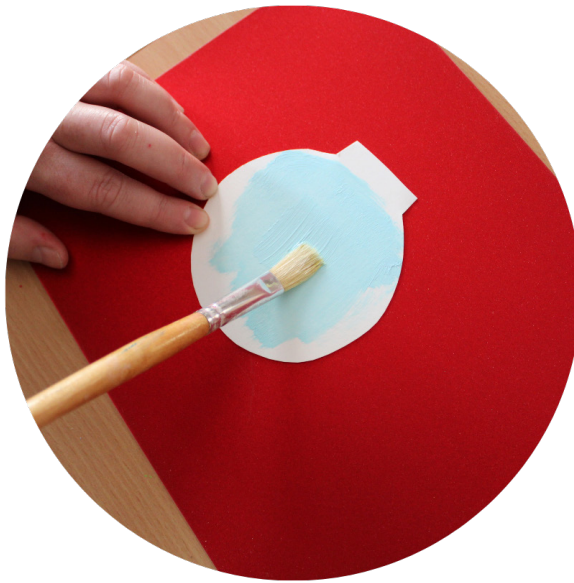
CUT AROUND THE BAUBLE USING A SCISSORS, PLEASE ASK YOUR TEACHER FOR HELP IF YOU NEED IT:





STEP 2

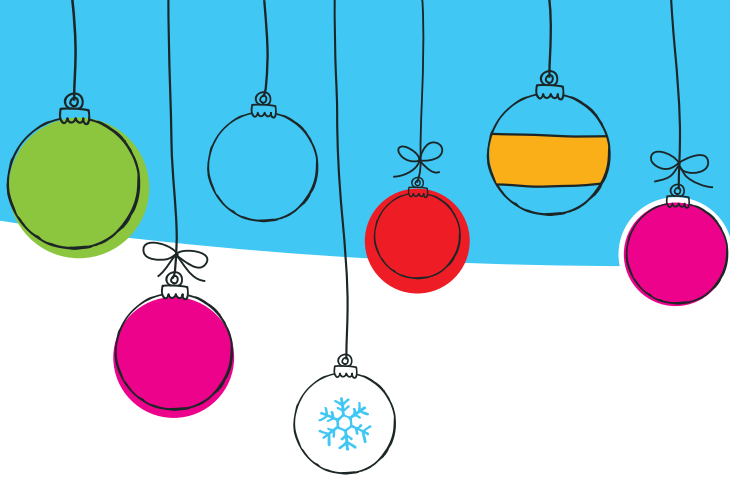
PAINT THE PAPER IN LIGHT BLUE AND LET IT DRY BEFORE MOVING ONTO STEP 3 (YOU CAN USE LIGHT BLUE COLOURED PAPER TOO!):



STEP 3

USING YOUR FINGERPRINTS, DAB WHITE PAINT ONTO YOUR BAUBLE. ONCE COMPLETE, USE A MARKER, COLOUR IN TOP OF BAUBLE:







STEP 4


WHEN THE WHITE PAINT DRIES, DRAW STICK ARMS, A HAT, SCARF & FACE ON EACH SNOWMAN. PUNCH A HOLE NEAR THE TOP AND PULL THE PIECE OF STRING THROUGH, TYING THE ENDS SO YOU CAN HANG IT ON YOUR TREE.



ADD A LITTLE EXTRA TO YOUR BAUBLE...

 Write your name on the back of your bauble and the year.

 You can add some glitter.

 Your teacher might be able to laminate the bauble before you take it home.





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IRELAND'S CHILDREN'S HOSPICE

THANK YOU

Thank you for taking part in LauraLynn's Christmas Jumper Day. We really hope you have lots of fun and create many moments to remember this Christmas.



Don't forget to share photos of all your festive Christmas Jumpers, your baking brilliance, and all your creative fun!

Make sure and tag LauraLynn & use the hashtag



#ChristmasJumperDay
@lauralynnhospice



CHRISTMAS

Jumper Day

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